

NZAS Leadership Camp Gear List (Wainui YMCA)

ESSENTIAL:

- Plenty of suitable clothes for physical activities, including sturdy footwear
- Old Sports Shoes that will get wet with sea water separate to your normal shoes.
- Casual indoor clothes (maybe slippers, as no outdoor footwear to be worn inside)
- Plenty of socks etc (including thermal or woolen socks)
- Clothes to wear at the Marae (Tidy Long Sleeved Top/Jacket, Long Pants or Girls a Knee Length Skirt if preferred).
- Formal dinner clothes - Smart Dress e.g. shirt and tie.
- Swimming togs (and wetsuit if you have one)
- Effective wet weather gear,
- Polyprops (if possible), and Beanie
- Warm tops and pants
- Toiletries
- Basic first aid kit (plasters pain relief etc)
- Medications that you may need (including inhaler)
- At least 2 Towels bring 3 if you can
- Money for food during travel and possible trip into Akaroa
- Pens & paper
- Sleeping bag and pillow
- Day pack
- Water bottle
- Walkman

OPTIONAL:

- Camera /Go Pro
- Music/cd's for when traveling

NOT NEEDED (i.e. DON'T BRING):

- The course is alcohol and drug free
- Ipods/Mp3's and cell phones may only be used when there is no organized activity. The staff take no responsibility for damage, theft or loss.